



Careerforce REAL Apprenticeship in Primary Care Practice Assistance

New Zealand Certificate in Health
and Wellbeing – Level 4, 120 Credits.

Primary Care Practice Assistance apprenticeships are for those who work in primary care practice's supporting health professionals in performing routine clinical tasks and observations. The apprentice will also learn how to contribute to the effective functioning of primary care practice administration and quality systems.

Respecting you

Follow workplace practices:

- health and safety.
- workplace policies and procedures.
- address professional and ethical challenges.
- contributes to continuous improvement.

It's about you

Develop self-awareness and reflective practice:

- understand a self-reflection model.
- apply self-reflection.
- identify changes to work practice.

It's about people

Understand holistic needs and the contexts of which people live their lives:

- factors impacting a person's health and wellbeing.
- examples of disabilities, impairments, conditions and situations.
- impacts of stigma, discrimination and a disabling society.
- key attributes of different service philosophies.

It's about Aotearoa

Work together for the health and wellbeing of New Zealanders:

- identify priority areas and challenges for improving health and wellbeing outcomes.
- government strategies, policies, plans and trials.
- examine initiatives and their potential implications.

Contribute to primary care

- understand primary care provision.
- the role of primary care in New Zealand's health sector.
- understand the prevalence, causes, signs and symptoms of three health or wellbeing conditions.

Understand anatomy and physiology

- understand the anatomy, physiology and associated organs of six body systems.
- understand and use medical anatomical terminology.

Exceed A

- research a condition, impairment, situation or social issue.
- consider the above based on a socio-cultural group or life stage.
- then explore a co-existing factor.
- be prepared to apply this knowledge in the work practice.

It's about Te Ao Maori

Work with tangata whenua:

- impacts of colonisation on health and wellbeing outcomes for tangata whenua.
- tikanga and kawa practice.
- accessing local support.

It's about relationships

Engage positively with people, family and whānau:

- adapting behaviour and communication.
- engaging with technology.

Be safe

Create a safe environment:

- understand situations and factors which trigger challenging behaviour.
- skills to prevent escalation and de-escalation.
- risk planning and review
- evaluate the effectiveness of risk management plans.

Be aware

Recognise vulnerable situations and know how to respond:

- identify and understand vulnerable situations.
- identify responses and responsibilities.
- understand the roles of key agencies.

Be your own friend

Implement self-care:

- enhance personal wellness.
- identify, implement and evaluate self-care strategies.
- minimise impacts of adverse factors on wellness.

Perform routine clinical tasks and observations

- develop the skills needed to perform routine clinical tasks and observations under the direction and delegation of a health professional.
- provide information to the patient and obtain their consent.



Enabling workplace training