LTC Comprehensive Nursing Assessment (Te Whare Tapa Wha Model)

Mihi (Greeting)

LTC nurse – find connection with patient and whanau (our role, how we work, introduce to micropod – who’s who)

* What do you understand about your health and wellbeing?
* What would you like to talk about today?

Taha whanau (Whanau and Social Connection)

Whanau

* Who are your whanau? Where are you from? What is your role in your whanau?

Social systems

* who are the important people in your life and who do you care for and who cares for you?
* What groups do you belong to
* Discuss where you live – housing, employment, transport, financial
* Do you feel safe and secure?
* How do you like to connect us?

Taha Wairua (Spiritual Health)

* What gives you strength
* Who do you turn to in tough times?
* What is your faith, and do you have wider beliefs that you would like to identify?
* What is your cultural identity – how is this part of your life
* Do you have any spiritual observances or practices?

Taha Tinana (Physical Self)

* How do you manage medications, how many times over the last week have you forgotten to take your medication?
* What over the counter or natural medicines do you use?
* Blood test results and recalls
* Diabetes
* Cardiac
* Respiratory
* Renal
* Pain
* Skin/wounds/nails
* Food/Nutrition
* Mobility/Exercise
* Eye/Ear/Nose/Throat
* Oral Health
* Urine/Bowels
* Sexual Health

Taha Hinengaro (Mental Health)

* Mental state, ability to communicate/think/feel - What gives you joy?
* What keeps you strong?
* How do you manage stressful times or emotional challenges in your life? Home/work
* Addictions – smoking/alcohol/drugs/food/gambling
* Sensory issues
* Cognition/memory
* Sleep and rest
* Whenua - Connection to the land/natural environment

Planning for Health

* What would you like to work on?
* Target/Aim/By when
* Actions
* Who is involved?
* Follow-up

Further investigations:

Next appointment: