24 September 2020

EXPRESSIONS OF INTEREST FOR

MOTIVATIONAL INTERVIEWING

**Who can attend:**

Recommended for GP’s, nurses and health care assistants/primary care practice assistant’s that are interested in learning or hearing more about motivational interviewing.

**This session will cover:**

Every day people visit primary care professionals and talk about health concerns. In many instances a change in patient behaviour could make all the difference to their health and well being. Primary health care professionals are in a great position to motivate and support patients to adopt healthy behaviour. Motivational interviewing skills are an evidence-based way of increasing the effectiveness of conversations that health professionals have with patients and whānau.

**Limited spaces available – PLEASE register early. All costs are covered by the PHO.**

**Date:** **Tuesday 3rd November 2020**

**Time: Morning Session** 10am – 1pm or

**Afternoon session** 2pm to 5pm

**Venue:** Te Awakairangi Health Network  
 Level 4  
 330 High Street  
 Lower Hutt

**Light refreshments will be provided**

**(please inform us if you have any dietary requirements)**

List names of those attending and return fax to Tania Robertson on 04 566 5369 or email [officeadmin@teahn.org.nz](mailto:officeadmin@teahn.org.nz). **RSVP by or before Wednesday 30th September 2020.**

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| Names of those attending | Session Time | Practice | Email address |
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**Please see attached poster for more information on “ Motivating Conversations” education module for Primary Care Professionals using a continuous quality improvement approach**