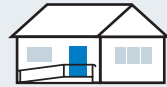


Wellbeing Wheel



Whare/Kai
Housing/Food



Hinengaro
Mental Health



Wairua
Spiritual



Pūroi/Waiwaihā/
Puhipuhi
Drugs/Alcohol/
Smoking



Mahi
Employment/
Education



Tinana
Physical Health



Whānau
Family



Putea
Money

Please put marks on the wheel where you feel you're at with things in your life at the moment.